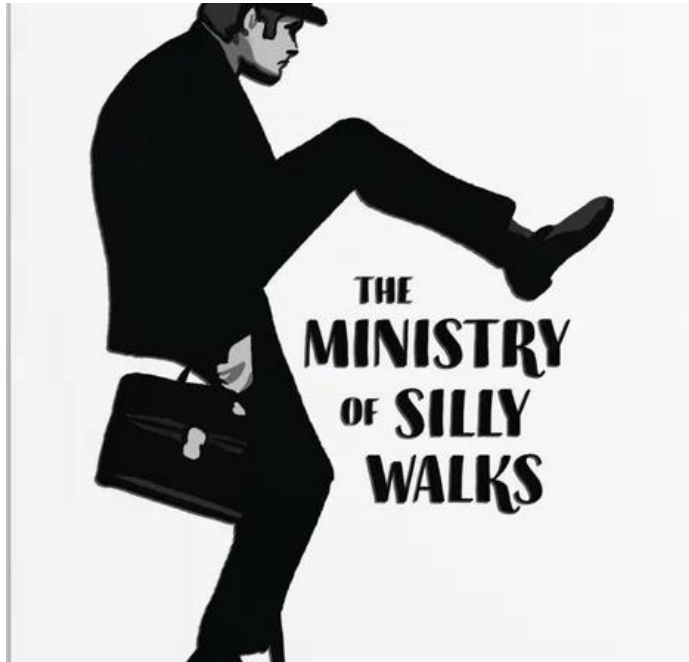


BATTLE PRIMER



Walk This Way

By Paul Klassen, Broken Strength Executive Director

Therefore do not become partners with them; for at one time you were darkness, but now you are light in the Lord. Walk as children of light
-Ephesians 5:7,8

It's catchy, it's different, it's a little awkward, and it's a blast when it

catches on. Monty Python's 70's sketch, "The Ministry of Silly Walks" has been adapted to many different scenarios in order to bring some levity and silliness into people's day-to-day lives, and even give a cardiovascular boost! Wouldn't you like the freedom to just walk "silly" for a block or two? OK, maybe that's not your thing, yet I bet you would at least consider it more if others were doing it, right?

We are told in Scripture to "walk as children of light," to "keep in step with the Spirit," "walk by the Spirit," and "walk in a manner worthy of the Lord." These are a few of dozens of references in the New Testament on how we ought to walk or not walk, including the famous, "walk by faith, not by sight," and John's fatherly delight that his "children are walking in the truth." Why are these exhortations used so often? Why is it so hard to actually walk this way?

Resource Highlight

[https://axis.org/
resource/porn-
conversation-kit/](https://axis.org/resource/porn-conversation-kit/)

Conversation starters with your teen.

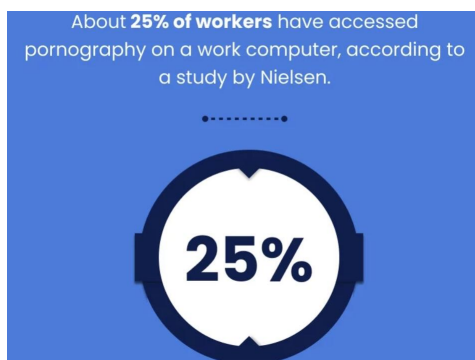
Doing a silly walk might seem absolutely ridiculous and meaningless until you've actually tried it. There is a path to experiencing the joy of walking in the truth. Here at Broken Strength, in our initial 3-week follow-up, we teach a 4-step "Fire Drill" for when a person is tempted to give into sexual sin. I've adapted these four into an easy-to-remember drill that uses WALK as its guide. As you battle temptation in any form, notice how Scripture is a key part of any healthy walk:

W - WAIT - While you wait ask, "why am I being tempted?" Or "What trigger got me here?" Then declare, "I won't sacrifice my purity (identity) for temporary pleasure (false identity)!" (Ephesians 5:7,8; 2 Corinthians 12:9)

A - ASK - Ask God for help as specifically as possible, pray for strength and courage. Pray that He would sustain you and provide you with real answers to your heart's longings. (1 Corinthians 10:13, Psalm 55:22)

L - LEAVE - Leave where you are or stop doing what you're doing. Put down the phone or tablet. Walk away from the computer or situation . . . run, if you have to - (1 Corinthians 6:18; 2 Timothy 2:22)

K - KNOW - Know who else is with you. Call, text, or connect with your prayer partner, ally, or trusted friend. Tell them everything that just happened, how you felt, and about any victory or failure. (Hebrews 10:24,25; James 5:16)



Let's say you're at home trying to get something done for school or work. You have a strong urge to search an inappropriate image, wander down the black hole social media can take you, or you maybe even feel you deserve a break from working so hard? Practice the first instinct of

saying, "WAIT!" Ask why you're tempted or what exactly is drawing you in. Sit in that void for a moment while you then ASK God for help, counting on his promise for the strength to stand up under this temptation (1 Cor. 10:13). As you wait and talk to God, you now have time to LEAVE that context by walking away from the computer, putting the phone down for awhile, or get busy doing something else.

Finally, now removed from the tempting situation through these initial three “fire drill” habits you’ve developed, you KNOW who you can call or text to report this to. Even if you’ve failed in some way, confess THAT, receive forgiveness, and say, “next time will be different!” By walking in the light and creating these habits, we come to know (and weaken) the enemy’s lies and tactics while strengthening the power of God’s love and truth.

We invite you . . .

- *Do you know a church or individual who would like to be informed or added to our prayer team? Send an email to pklassen@apathtopurity.org*
- *Would you like to help us continue to offer our services for free so as to help more churches broach the topic of pornography and sexual integrity? It is our goal not only to increase the conversation but provide a solid means of hope, freedom, and victory. You may donate to the ministry at www.apathtopurity.org*

This month’s updates

We thank God for . . .

- Opening up new avenues and venues in which to address pornography (i.e.-dovetailing our message of hope with anti-sex-trafficking advocates on Nov. 18 in Upsala, MN)
- His movement in the first 5 events of the fall, which reached 200 men, about 40 of which signed up for the 3-week follow-up.
- The generosity of churches and individuals in large, small, and monthly ways.
- His grace as evidenced in mercy and forgiveness that is found in Jesus Christ.

We ask God for. . .

- Guidance, protection, and courage for the 9 Scheduled Purity Events:
 - November 11, 2023 | Oak Ridge Community Church | Stillwater, MN
 - November 18, 2023 |8am | Calvary EFree Church, Rochester, MN
 - November 18, 2023 | 3:30pm| Upsala High School, Upsala, MN
 - December 8-9, 2023 | Joe Smith at 2 churches in DC area.
 - January 12, 2024 | Alexandria Covenant Church, Alexandria, MN
 - January 26, 2024 | Milaca E Free Church, Milaca, MN
 - February 2, 2024 | Red Mountain Comm. Church, Mesa, AZ
 - February 16, 2024 | River of Life, Hastings, MN
- Ongoing, healthy, ally relationships among the men who are currently doing the 3-week follow-up.
- Growing number of “church champions,” men who lead the cause at their local church.
- Strength and power in our weakness as seen in 2 Corinthians 12:9,10.